Informative Speech Outline

Topic: Somnambulism

Purpose: to provide information of somnambulism for audience

Specific purpose: Let audience know how to deal with somnambulism.

Thesis Statement: kids are vulnerable to somnambulism and they don’t have ability to deal with it. Thus, adults should have the knowledge to prevent kids from the danger of night walking.

Introduction

* + 1. Attention: By offering a piece of news about night walking attracts people’s interest.
    2. Credibility: 1. *the Sleep Well*(Website from Stanford University ), the personal site of Dr. William C. Dement

2. The students of Dr. Dement's renowned Stanford Sleep and Dreams course

Body Paragraph:

Main Point 1: Offering basic concepts of somnambulism

1. Sub-Point: The definition of somnambulism
2. Sub-Point: The cause of somnambulism
3. Sub-Point: The symptoms of somnambulism
4. Sub-Point: The group tend to suffer from somnambulism

Main Point 2.: How to deal with the somnambulism

A. Sub-Point: The remedy and medicine for sleep-walking

B. Sub-Point: Adjustment of somnambulism patients

C. Sub-Point: Help from other people

Conclusion:

1. Summary: Review the main points above
2. Closing: Humorous ending

Reference:

1. <http://www.stanford.edu/~dement/slpwalking.html>
2. http://www.end-your-sleep-deprivation.com/sleep-and-dreams.html